

USAJOBS
Info Center
www.usajobs.gov/ei/index.asp

CAREER ONE STOP
Department of Labor
www.careeronestop.org

NAF JOBS
Non Appropriated Funds
www.nafjobs.org

Civilian Federal Employment information
<http://www.usajobs.gov/>

Department of Defense Priority Placement Program
<http://www.cpms.osd.mil/ASSETS/0F08BEC310F4436296E95A4AF678F982/helppamphlet.pdf>

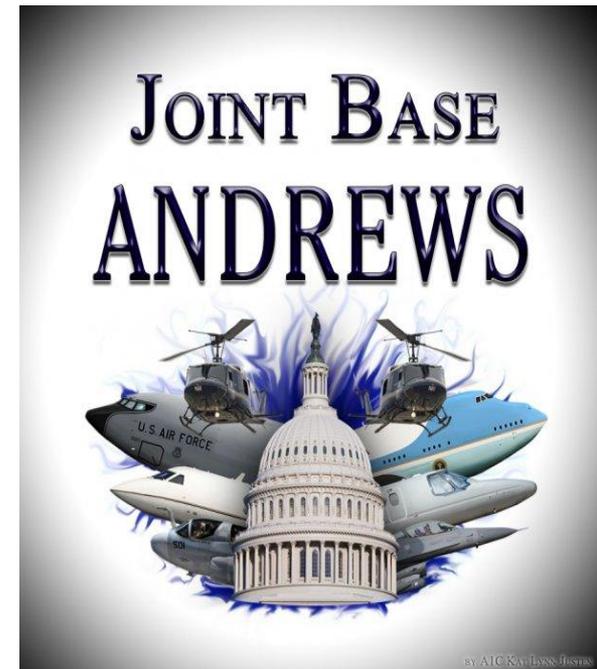
The Employee's Guide to Reduction in Force
Benefits:
http://www.opm.gov/reduction_in_force/general/rifguide.asp

OPM Retirement Information and Services
<http://www.opm.gov/retire/index.aspx>

BEST eRetirement in the Employee Benefits
Information System (EBIS)
<https://gum-crm.csd.disa.mil/app/>

CPMS PPP Pamphlet
<http://www.cpms.osd.mil/ASSETS/0F08BEC310F4436296E95A4AF678F982/helppamphlet.pdf>

Civilian Employment Resources



Supporting Our
Employees Through
Life's Uncertainties

Military & Family Support Center

301-981-7087

- Resume Review/ Budget Planning/ Individual Transition Planning/ Relocation Planning

Civilian Personnel Office

301-981-2030

- Benefits & Entitlements/ Retirement Options

Department of Labor

1-877-US2-JOBS

- Job Referrals/ Unemployment Compensation/ Transition Assistance

AFGE Local 1401

301-981-9697

- Rights for bargaining unit members (WG & GS)

Military Family Life Consultant**At the Military & Family Support Center*

301-325-9724

- Confidential Counseling/ Couples or Individuals

Base Chaplains

Chaplain Major Jack Stanley

301-981-2109

Chaplain Captain Rachel David

240-857-6811

Chaplain Captain Mark Hunsinger

301-981-2263

Chaplain Captain Sarah Schechter

301-981-8310

Chaplain Captain Denis Gueu

301-981-6895

Reverend Michael T. Siconolfi, S. J.

301-981-2249

Psychological Health

Karen Zilcoski

Director of Psychological Health, 113 ANG

240-857-6422/BB: 240-432-1166

Financial Planning for Transition

Military & Family Support Center

Date: 8 Nov/ Time: 0830-1200

Build and Keep Good Credit

Military & Family Support Center

Date: 15 Nov/ Time: 1330-1500

Franchising: Your Next Career Alternative

Military & Family Support Center

Date: 22 Nov/ Time: 1430-1630

Resume Writing

Military & Family Support Center

Date: 29 Nov/ Time: 0830-1200

Anger Management

Military & Family Support Center

Date: 29 Nov/ Time: 1100-1200

Starting Your Own Business

Military & Family Support Center

Date: 2 Dec/ Time: 0900-1200

Acing the Interview

Military & Family Support Center

Date: 8 Dec/ Time: 0830-1500

How to Work a Job Fair

Military & Family Support Center

Date: 9 Dec/ Time: 0900-1100

OPM

VSIP/VERA Regulations

www.opm.gov/rif/general/rifguide.asp#1

VERA/VSIP Retirement website

https://gumcrm.csd.disa.mil/app/answers/detail/a_id/18351

VERA/VSIP Videos

https://gumcrm.csd.disa.mil/app/answers/detail/a_id/14061

Webcasts

https://gumcrm.csd.disa.mil/app/answers/detail/a_id/14927[/related/1/kw/webcasts/p/1%2C2/r_id/100169](https://gumcrm.csd.disa.mil/app/answers/detail/a_id/14927/related/1/kw/webcasts/p/1%2C2/r_id/100169)

RIF/VERA/VSIP links

http://www.opm.gov/Reduction_In_Force/employee_resources/index.asphttps://gumcrm.csd.disa.mil/app/answers/detail/a_id/14222[/kw/RIF/p/1%2C2/r_id/100169](https://gumcrm.csd.disa.mil/app/answers/detail/a_id/14222/kw/RIF/p/1%2C2/r_id/100169)